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**Everybody's Talking!**

**Glow shift:** Scientists and designers are exploring natural light from glowing organisms as a gentle, power-free way to brighten cities. Bioluminescence, found in ocean creatures and insects, gives off a soft blue or green light through a built-in chemical process. Some urban projects have already started experimenting with bacteria that give off light in carefully maintained setups. This approach could cut energy use and reduce light pollution by working without wires or electricity. The soft glow doesn't overpower surroundings, making it more in tune with natural darkness. Although current designs need more development to match everyday lighting demands, they're already hinting at a gentler path forward.

**Miniature mastery:** A sculptor in Tuzla, Bosnia and Herzegovina, transforms everyday pencils into impossibly small works of art. Rather than drawing with them, he uses the inner graphite as the material itself, carefully slicing, scraping, and refining it into intricate shapes. The ideas come from a mix of client suggestions, famous imagery, and the artist's own reflections. Because the core is brittle and narrow, each piece demands patience and precision. Earlier explorations with paper and clay helped shape his passion for tiny creations. Now, each pencil becomes a test of focus, endurance, and problem-solving. The results often defy what most people expect from such a basic object.

**Forest warning:** In zones known for volcanic risk, trees may offer hints of what's to come. Scientists have noticed that when magma begins shifting beneath the surface, surrounding vegetation often appears unusually healthy. This burst in growth, likely linked to underground gas release, clearly shows in satellite images. A growing team of researchers is now comparing this tree activity with known eruptions, using a mix of orbital tools and ground data to refine prediction models. Unlike traditional sensors, trees respond naturally to environmental change. Some believe this living feedback loop could be key to faster alerts. The forest, it turns out, might notice trouble before we do.

**Window wood:** A team in Stockholm, Sweden, has transformed ordinary wood into a light-passing material that could change how we build. The process involves carefully stripping away a key part of the wood, then filling the gaps with a clear compound that blends in. The result isn't just strong and lightweight, it's also see-through and surprisingly durable. Ideal for solar panel casings and windows or wall panels that welcome sunlight, the material keeps the natural benefits of wood with a futuristic twist. Unlike traditional glass or plastic, this option comes from a renewable source and offers insulation, too. Researchers are now working on making it even clearer and easier to produce on a much bigger scale.

**Quoteable Quotes**

"Knowing is not enough; we must apply. Willing is not enough; we must do." —Johann Wolfgang Von Goethe  
"Turn your wounds into wisdom." —Oprah Winfrey

**What's Happening**

To submit something to the free community Whats Happening section, email us at info@yourlocalcoffeenews.com a paragraph summary of your event atleast three weeks prior to the event date:

Seniors Maintaining Active Roles Together Exercise Program - Tuesday, March 10 1:00pm - 2:00pm Ancaster Branch Library, Murray Ferguson Room. Improve your strength, balance and flexibility, regardless of current physical ability, through the SMART program. Led by specially trained fitness instructors, the SMART program helps you improve your strength, balance and flexibility. Presented by VON Canada. To register, please call 289-442-4956. AGE GROUP: | Older Adults (55+)

Dundas Valley Historical Society hosts a presentation by local historian Robin McKee- "Hamilton and the U.S. Civil War", Thursday March 12, 7 pm at Dundas Museum and Archives. Admission \$ 5 , free to Society members.

Generations - We invite you to a heart-warming family saga set right here in our own community, in this new play written especially for us by Lois Gordon. Meet the multiple generations of the fictional MacKenzie family who called Ancaster home. Join their story beginning in 1842 as settlers, and follow them through the years as they experience the growth of a town to the present day. For accessible seating (including those with walkers) and group sales, please contact the box office at 905-304-3232

Dementia Education - Brain and Behaviour - Wed, March 11, 2:30pm - 4:30pm, Ancaster Branch Library Murray Ferguson Room. Learn the eight A's of dementia and basic supportive strategies. Learn the eight A's of dementia (Amnesia, Anosognosia, Agnosia, Aphasia, Apraxia, Altered perception, Apathy, and Attentional deficits) which explain how dementia leads to behavioural changes and learn basic supportive strategies. AGE GROUP: | Older Adults (55+)

**Trivia**

1. Are the Taurus Mountains in Greece, Italy, or Turkey?
2. The \_\_\_ Cat is an Alice in Wonderland character.
3. This famed news anchor was called "the most trusted man in America."
4. A yellow tail is a bird, fish, or insect?
5. The capital of Madagascar is Antananarivo, Bangui, or Gaborone?

(Flip bottom of page for answers)

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# Your Weekly Horoscope

## ARIES

(March 20 - April 19)



Toward the week's end, you may feel a bit disoriented, as the residue of an old wound surfaces. Focusing on what you value could help stabilize

your emotions. Lucky numbers: 9, 11, 13, 26, 36, 39.

## TAURUS

(April 20 - May 20)



Your focus now may be shifting to nurturing others who need your help. This can be a good growth opportunity for you. Just remember to

nurture yourself as well. Lucky numbers: 3, 8, 17, 19, 32, 33.

## GEMINI

(May 21 - June 20)



In decisions, Gemini's tend to focus on data over feelings. But early this week, the astrological energy encourages you to bring your heart

more into your process. Lucky numbers: 10, 13, 18, 19, 20, 38.

## CANCER

(June 21 - July 22)



Have you felt that your efforts have been frustrated the last few months? The situation may begin to turn around. Be patient as new opportunities

could open up soon. Lucky numbers: 1, 4, 10, 13, 33, 36.

## LEO

(July 23 - Aug. 22)



Leo enthusiasm sometimes encourages you to "shoot from the hip" in decision making. At week's end, a stalemate may require you to look clearly

at the facts of a situation. Lucky numbers: 4, 6, 14, 37, 38, 46.

## VIRGO

(Aug. 23 - Sept. 22)



Over the next few months, you may be asked to jump to the next level of service. Any opposition you are encountering could be encouraging you toward

needed changes. Lucky numbers: 2, 9, 14, 23, 25, 31.

## LIBRA

(Sept. 23 - Oct. 22)



Right now you may need to look at how well you nurture yourself vs. others. Perhaps you could make an adjustment to achieve a better balance

between both? Lucky numbers: 8, 14, 19, 20, 22, 23.

## SCORPIO

(Oct. 23 - Nov. 21)



For Scorpios, emotional connection may be the cost of communicating hard truths. The next few months may encourage you to develop a more

nurturing approach. Lucky numbers: 6, 17, 22, 27, 32, 35.

## SAGITTARIUS

(Nov. 22 - Dec. 21)



The optimism of Sagittarius is heightened early in the week. How would you like to use this energy to aid in your goals for the

few days while this will be in effect? Lucky numbers: 5, 8, 19, 33, 41, 44.

## CAPRICORN

(Dec. 22 - Jan. 19)



Your grounded nature and ambition may be highlighted for a few days midweek. This energy may offer an extra push for you to achieve success in

your goals. Lucky numbers: 13, 14, 16, 24, 33, 35.

## AQUARIUS

(Jan. 20 - Feb. 18)



You may be eager to make progress on your plans at midweek. This is admirable, but look before you leap to avoid problems that might only

need to be corrected later. Lucky numbers: 14, 25, 28, 36, 37, 47.

## PISCES

(Feb. 19 - March 20)



"Many hands make light work" could be a good motto for you this week. Others might want to be of service, but could need your guidance to show

them the way. Lucky numbers: 7, 9, 14, 34, 40, 43.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 33.

## Did You Know...

**Feline feelers:** A cat's whiskers act as sensitive detectors, picking up even small air movements. This helps them sense objects in the dark, giving them awareness of their surroundings without relying only on sight.

**Rock risks:** Some stones, like sandstone, shale, limestone, and river rocks, can trap moisture and explode in the heat, making them unsafe for fire pits. That's why many builders choose sturdier options such as lava rocks or fire bricks.

**Coin passage:** In ancient burials, a coin was placed with the dead as payment for the ferryman believed to guide souls across the underworld's river. Romans extended the practice to ships, hiding coins beneath masts to ensure safe passage, luck, or remembrance.

**Guess when?** Due dates sound precise, but most babies aren't born on them. Only about 4% of babies arrive exactly when expected. Doctors use general guidelines to estimate birth timing, but for the most part, it's still an educated guess.

**Mirror origins:** Before modern glass, ancient Egyptians would polish copper and bronze into shining discs with carved handles. These early mirrors, some thousands of years old, still reflect today, showing that personal mirrors have hardly changed through time.

## On the Lighter Side

Sunbathing is a fry in the ointment.

A horse walked into a bar. The bartender said, "Hey." The horse said, "Please!"

Teacher: "What would you do if you were chased by a man-eating tiger?"

Student: "Nothing, I am a girl."

Knock! Knock! Who's there? Diego. Diego who? Diego before the B.

What can you not see even if it is right in front of you? The future!

## Answers

**Trivia answers:** 1. Turkey 2. Cheshire 3. Walter Cronkite 4. Fish 5. Antananarivo

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