

**What's BUGGING You?**

**From Gnat to Rat...**

✓ Hamilton to Fort Erie ✓ Great Prices

**ONTARIO PEST PREVENTION**

**365-309-7378** (PEST)

OntarioPestPrevention.com  
ontariopestprevention@hotmail.com

2026 Consumer Choice Award Pest Control Hamilton

**Hooked on Holistics**

A store that caters to mind, body and soul

**300+ Varieties of Crystals!**

- ★ Organic Herbs, Teas and Essential Oils
- ★ Books, Jewellery and More

147 Hwy. 8, Unit 2 • Stoney Creek  
**905-930-9799**  
www.hookedonholistics.com

Over \$10,000 in prizes to be won!  
**MONDAY, FEBRUARY 23**

**LEARN & PLAY!**

SIX NATIONS BUNGO 30

**FREE To Play!**

- Questions Welcomed
- Slowed Games!
- Amazing Prizing!

atinee Session: Game Starts 11am  
Evening Session: Game Starts 6pm

**BRING YOUR FRIENDS!**

Get more information online at [sixnationsbingo.ca](http://sixnationsbingo.ca)

**This Space Available!**

(...but not for long!)

Call Derek now at **905-515-3056**

**Home Stairlift.com**

Proudly Canadian Owned & Operated

**We Rent Stairlifts!**

- ✓ Buy New or Used
- ✓ Buy Back Program
- ✓ Government Funding
- ✓ Tax Credits

**416.424.6607**

Winter Clearance **SALE**

**ingeborg's** est. 1958

905.383.8399 • 640 Mohawk Road West, Westcliffe Mall

**Sew Much Fun!**

Fabric Sales • Classes  
Longarm Quilting Services  
Machine Rentals

**U~Quilt~It**

Quilt Shop and Longarm Quilting  
**905-957-2000**  
1157 Rymal Rd. E, Unit #4, Hamilton

Long Arm Rentals – Make Your Own!

**FREE!**

**Coffee News®**

"News to be enjoyed over Coffee"

Hamilton Mountain Edition

Advertising Information  
**905-515-3056**

Est. 1988  
Vol.13 No.12 February 16, 2026  
info@yourlocalcoffeeneews.com

**Everybody's Talking!**

**Burning waters:** Deep in the Peruvian Amazon, Shanaytimpishka is a river whose name means "boiled with the heat of the sun." Flowing for miles through dense rainforest, its waters reach temperatures hot enough to kill animals that accidentally fall in. Unlike other thermal rivers linked to volcanic regions, this one is heated by underground springs releasing geothermal energy into the current. Steaming waterfalls tumble into pools, giving the river an almost unreal appearance. It's sacred to local communities, which tie the marvel to cultural practices and healing traditions. Scientists study its origins, while conservationists call for stronger protections.

**Wood spark:** A Finnish forestry company is using leftover tree pulp scraps to rethink how batteries are made. They've taken lignin, the stiffening compound in wood, and developed a new way to turn it into carbon that's fit for battery use. This carbon can replace graphite, but with far less heat and pollution needed to produce it, making the process more sustainable. Unlike traditional methods that depend on mining and fossil fuels, this approach relies on waste from paper manufacturing. Early results show this design supports energy flow efficiently, helping speed up device charging times. This group sees their tree-based approach as a promising way forward from less sustainable options.

**Roadside rescue:** A pair of French travellers had barely begun their Australian adventure when a collision with a kangaroo left them stranded near a small rural town. With no insurance and little money left, they weren't sure what to do, until local residents stepped in. A nearby family offered them shelter, while neighbours came by with warm meals, conversation, and support. What began as a setback slowly turned into an unforgettable few weeks of shared dinners, local events, and learning how to fix up the car together. Donations and repairs followed as the town rallied around them. The trip didn't go as planned, but it gave them something richer than a photo album. Sometimes being stuck is what gets you grounded.

**Breeze shift:** Some engineers are reimagining wind power without the sweeping blades or towering structures we've come to expect. One compact design vibrates instead of spinning, quietly producing electricity in places large turbines can't go, like rooftops or along busy streets. Others use tethered kites to gather energy from high above, while some draw power from the air pushed aside by passing vehicles. These tools are nearly silent, easy to install, and leave a smaller mark on wildlife and scenery. Instead of dominating landscapes, they blend into everyday settings, offering subtle ways to generate power. It's a quieter revolution, tapping the wind in new and unexpected ways.

**Quoteable Quotes**

"Even if I knew that tomorrow the world would go to pieces, I would still plant my apple tree." —Martin Luther

"Just be yourself, there is no one better." —Taylor Swift

**What's Happening**

To submit something to the free community Whats Happening section, email us at [info@yourlocalcoffeeneews.com](mailto:info@yourlocalcoffeeneews.com) a paragraph summary of your event at least three weeks prior to the event date:

Coffee News has a new contest! "Get Caught" with a Coffee News bumper sticker on your car. Request one through email or text to 905-515-3056, put it on your car. One lucky winner each one will receive a \$50 prize monthly. email [info@yourlocalcoffeeneews.com](mailto:info@yourlocalcoffeeneews.com) for more info

Ancaster Lions - looking for vendors for a large craft show on April 3 and 4 at the Ancaster fairgrounds. To book your space now or for info email [lionsuehockridge@gmail.com](mailto:lionsuehockridge@gmail.com)

Knights of Columbus Council 14358 - Perogie, Sausage & Cabbage Dinner - St. Stanislaus Polish Church, 8 St. Ann St. Bartons Street East. One block east of Shreman. February 12th from 3 to 7 pm. Preorder at 905-979-6091, pick up after 12pm. \$15.00 per order. Entrance of the hall is from the parking lot

Come and join us for our annual Pancake Supper in the parish hall at St. Stephen-on-the-Mount Anglican Church on Tuesday, February 17th from 5-7 pm. Price for adults is \$15, children 6-10 \$10 and under 5's are free. Includes, pancakes, sausages, dessert and tea/coffee. Gluten free option available on request

**COLDEST NIGHT OF THE YEAR FUNDRAISING WALK:** Hamilton Mountain (Neighbour to Neighbour) - 4:00 P.M Check in at Sacred Heart Church Sat, Feb28, end at St Stephens on the Mount for light refreshments. CNOY is a family-friendly fundraiser that supports people experiencing hurt, hunger, and homelessness right here in our community

**Trivia**

1. How many lakes comprise North America's Great Lakes?
2. Who was Darth Vader's voice in the Star Wars movies?
3. Cyclones are rated by barometric pressure and \_\_\_\_\_ speed.
4. This famed knitting character appeared in *A Tale of Two Cities* by Charles Dickens.
5. Is yeast a bacteria, fungus, or mold?

(Flip bottom of page for answers)

© Published with Permission by Your LocalCoffee News Inc.

**Lunch & Learn: Protect your Legacy**

Thursday, February 26<sup>th</sup> | 12 pm – 2 pm

**Dodsworth & Brown Funeral Home - Ancaster Chapel**  
90 Garner Road, Ancaster ON

**What to Expect**

- Final Wills & Powers of Attorney
- Estate Planning
- Cemetery Pre-Planning
- Funeral Pre-Arranging
- Free community event
- Warm lunch included

Scan the QR code to RSVP or call **905-648-3852**

**Dodsworth & Brown Funeral Home - Ancaster Chapel**  
by Arbor Memorial  
dbancaster.ca Arbor Memorial Inc.

**\$10 OFF ON YOUR TAXES**

Bring this coupon to our office and get your discount!

12-1001 Rymal Rd. E - ON L8W 3B7  
**905 318 4488**

**ALL SERVICE WHILE YOU WAIT**

**MOUNTAIN TIRE**

**905-383-9611** | 65 Years of Satisfied Customers!  
593 Concession St., Hamilton

**WHAT IS MY HOME REALLY WORTH? FREE HOME EVALUATION**

**Carlo Silvestri** BROKER

**RE/MAX CENTRE**

2024 REALTOR READERS' CHOICE  
DIAMOND WINNER

DIRECT: **905-541-3510** [carlo@remaxcentre.ca](mailto:carlo@remaxcentre.ca)  
SERVING HAMILTON MOUNTAIN AND SURROUNDING AREAS

**YOU & EYE OPTOMETRY**

- Comprehensive eye care for the whole family
- Local, family-run clinic proudly serving Hamilton
- Prescription glasses & sunglasses
- Direct billing to insurance & OHIP

**Now open & Taking new patients!**

**CALL TO BOOK YOUR EYE EXAM!**  
(905) 745 - 5507

**20% OFF GLASSES WITH THIS FLYER!**  
(frames + lenses) expires 3/31/2026

674 Fennell Ave E. Hamilton, ON [youandeyeoptometry.ca](http://youandeyeoptometry.ca)

**FULL SERVICE DENTISTRY**

FOR GENERAL, RESTORATIVE AND ORTHODONTIC CARE  
642 Upper James St., Hamilton

**THE DENTAL PLACE**  
FAMILY DENTISTRY  
Serving Hamilton and nearby area for over 7 years

**ACCEPTING CDCP PLAN**  
For all ages

**905.574.9617 | www.thedentalplace.co**

# Your Weekly Horoscope

## ARIES

(March 20 - April 19)



This week you may be taking two steps forward and one step back on many fronts. This could be difficult for Aries, but waiting and being patient might be the best action. Lucky numbers: 1, 6, 7, 32, 41, 47.

## TAURUS

(April 20 - May 20)



Taurus usually desires stability, but you may be craving freedom. Consider how to make progress, but not rip up the status quo. Wait a few days to implement. Lucky numbers: 10, 14, 25, 33, 37, 48.

## GEMINI

(May 21 - June 20)



"When one door closes, another one opens" may apply early this week. Before charging through the new door, you might want to take a peek on the other side. Lucky numbers: 5, 10, 18, 30, 43, 48.

## CANCER

(June 21 - July 22)



Lady luck may well be on your side this week. How might you be able to take advantage of this dynamic, while being conscious of what action is the bridge too far? Lucky numbers: 8, 26, 28, 32, 36, 37.

## LEO

(July 23 - Aug. 22)



Do your head and heart agree on a goal? If not, could you develop a plan that takes the conflict into account? Then you might be able to proceed with your intentions. Lucky numbers: 2, 12, 20, 27, 29, 44.

## VIRGO

(Aug. 23 - Sept. 22)



It has been about six months since your birthday. Have you made progress toward your goals? Take time to see which ones are ready to complete, change, or drop. Lucky numbers: 9, 16, 19, 21, 22, 30.

## LIBRA

(Sept. 23 - Oct. 22)



Is there an issue in your life that has been on a slow burn? At midweek, you may be tempted to act aggressively. Instead, consider relying on your normal diplomacy. Lucky numbers: 3, 15, 25, 29, 41, 46.

## SCORPIO

(Oct. 23 - Nov. 21)



The theme of stubbornness continues this week. The desire to dig in your heels may involve a problem in yourself or with others. Find a win-win solution for all. Lucky numbers: 13, 16, 30, 36, 44, 46.

## SAGITTARIUS

(Nov. 22 - Dec. 21)



Is there something that you used to believe but that no longer works for you? Can you easily let it go? Otherwise, consider whether any resistance you feel is valid. Lucky numbers: 6, 11, 13, 15, 33, 41.

## CAPRICORN

(Dec. 22 - Jan. 19)



For the next month, your normal level of ambition and drive may be muted. This might be a good time to downshift and consider some change in your priorities. Lucky numbers: 7, 10, 14, 26, 36, 48.

## AQUARIUS

(Jan. 20 - Feb. 18)



Now is the beginning of a long-term period of transformation for Aquarius. Within this, the next couple of weeks may see a significant ending or beginning in your life. Lucky numbers: 4, 24, 35, 36, 37, 38.

## PISCES

(Feb. 19 - March 20)



Your birthday month is always a good time to review your life goals. How much progress did you make last year, and what do you want to achieve, starting now? Lucky numbers: 11, 18, 29, 32, 35, 47.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 37.

## Did You Know...

**Mini marvel:** One of the world's tiniest reptiles can perch on a fingertip. This tiny, newly discovered chameleon shows how incredibly scaled-down animals can be, while maintaining all the essentials of their larger cousins.

**Volcanic flashes:** When a volcano erupts, ash clouds can create static sparks near the ground, while ice crystals clash higher up to unleash lightning. These strange bursts of light turn eruptions into dramatic shows that scientists are still working to explain.

**Butter boost:** In Tibet, mornings often begin with yak butter tea, a rich mix of tea, salt, and butter that warms the body and fuels long days in the harsh mountain climate. More than a drink, it's also a gesture of hospitality.

**Plastic pavement:** Some road builders blend waste plastic into the road mix. The result can be more flexible, longer-lasting surfaces that reuse discarded material instead of sending it to landfill, an idea that is gradually gaining interest around the world.

**Pebble presents:** In the frozen Antarctic, penguins win affection by carrying small stones to their partners. These gifts help build sturdy nests that keep eggs safe and dry, turning a simple pebble into the perfect symbol of love.

## On the Lighter Side

Teacher: "Correct this sentence: 'It was me who broke the window.'"

Student: "I wasn't the one who broke the window."

Knock! Knock! *Who's there?* Cello. *Cello who?* Cello there!

What does a bankrupt frog say? "Baroke, baroke, baroke."

Never trust an escalator. They are always up to something!

The magician was driving down the street when "poof" he turned into a driveway.

## Answers

**Trivia answers:** 1. Five 2. James Earl Jones 3. Wind 4. Madame Defarge 5. Fungus

© Published with Permission by Your Local Coffee News Inc. For available franchise opportunities - visit [www.coffeenewsCanada.com](http://www.coffeenewsCanada.com)

(Over)

Electrical and HVAC Services

TRUSTED SERVICE SINCE 2010

READY FOR WINTER? CALL US TODAY!

905.961.0427

**KIEDAN**

HEATING • COOLING • ELECTRICAL [kiedan.ca](http://kiedan.ca)

Stay Updated!

Hamilton Public Library

Sign up for our eNewsletter.

[hpl.ca/e-News](http://hpl.ca/e-News)

Does Your Shower Have You TERRIFIED?

Is mold or mildew lurking in the corners of your shower?

WE CAN HELP!

**GSC GROUT SOLUTIONS CANADA**

Call us for a complete shower cleaning/restoration and re-caulking

WE CAN TRANSFORM YOUR SHOWER TODAY!

905.870.7111

[info@groutsolutionscanada.ca](mailto:info@groutsolutionscanada.ca) • [groutsolutionscanada.ca](http://groutsolutionscanada.ca)

DO YOU LIKE TO DRIVE?

A few hours of your time can mean the world to someone living with cancer. Join our team of volunteer drivers and help people in our community get the care they need.

Cancer Assistance PROGRAM

Join our team today: [cancerassist.ca/volunteer](http://cancerassist.ca/volunteer)

Diabetic and Senior Foot Care

THE Nail Boutique & MEDICAL FOOT CARE

HAMILTON FOOT CARE SPECIALIST

905.575.6539 | 674 Fennell Avenue East

HEALTHY FEET LEAD TO A HEALTHIER YOU!

Downsizing?

FULLY RENOVATED RENTAL APARTMENTS AVAILABLE IN BRANTFORD

SENIORS WELCOME

FROM \$1549

CAMELOT PROPERTY MANAGEMENT

519-756-4831

Enter to Win Great Prizes in Cash & Gift Cards

Find the mini "Coffee News" Guy hidden weekly in one of our advertiser's ads. Then send us your name, address and phone number, along with the name of the advertiser's ad where he was hiding.

Every Month \$50 Prize!

Enter our contest online, by email or mail. Online entry: [www.yourlocalcoffeeneews.com](http://www.yourlocalcoffeeneews.com) Email: [info@yourlocalcoffeeneews.com](mailto:info@yourlocalcoffeeneews.com) Mail to: [Coffee News](mailto:Coffee News)

762 Upper James St, Box 147 Hamilton, ON L9C 3A2

Winner will be drawn from all correct answers that are received during the month. Winner will be notified & their name published in following month's edition.

Just for Fun

Classic Cars

P	A	C	B	U	H	X	B	S	D	T	B	U	D
R	P	A	S	R	E	D	I	S	I	M	C	E	T
A	O	T	P	A	A	I	G	R	S	D	A	X	I
P	P	B	A	I	D	M	E	E	T	R	R	H	R
R	P	R	E	G	L	O	A	L	R	I	B	A	E
R	P	L	K	I	I	T	R	F	I	V	U	U	S
A	M	T	P	B	G	O	S	F	B	E	R	S	B
D	U	S	L	A	H	R	H	U	U	S	A	T	L
I	P	B	U	T	T	N	I	M	T	H	T	P	R
A	L	U	G	T	S	O	F	O	O	A	O	I	O
T	E	M	E	E	P	T	T	F	R	F	R	P	P
O	U	P	D	R	R	S	T	E	T	T	U	E	O
R	F	E	U	Y	R	I	T	E	C	L	I	B	L
U	G	R	C	U	I	P	H	G	M	E	R	F	R

DISTRIBUTOR GEAR SHIFT RADIATOR BATTERY FUEL PUMP PISTON BELTS SPARK PLUG MOTOR EXHAUST PIPE HUB CAP HEADLIGHTS TIRES MUFFLER CARBURATOR BUMPER DRIVE SHAFT

McINTOSH, PIONEER, HARMON KARDON

**WANTED**

60s/70s Stereo Equipment Working or Not Working!!!

Estate Clearouts, Downsizing

Reel to Reel Tapes / Vinyl LPs

Please call 905-515-3056

L BRAUN, KENWOOD, FISHER, AR, B&W

Come in for the WORKS WASH

INSIDE AND OUT FOR ONLY \$29.95 FOR CARS

\$34.95 FOR SUVs & VANS

MODERN CAR WASH WITH OLD FASHIONED VALUES!

7 days a week & Holidays, 8 am - 6 pm

802 Upper Gage Ave., Hamilton 905.385.4286 | [www.gscarwashcentre.com](http://www.gscarwashcentre.com)

formerly Mohawk Car Wash Under New Management!

CAR WASH & DETAILING

FREE sanitize with every wash!

34% OF PEOPLE RELYING ON HAMILTON'S FOOD BANKS ARE CHILDREN.

SCAN TO DONATE

\$1-\$5 WORTH OF FOOD.

HAMILTON Food Share

[HAMILTONFOODSHARE.HAMILTONFOODSHARE.ORG](http://HAMILTONFOODSHARE.HAMILTONFOODSHARE.ORG)

HELP US LEARN WHAT AFFECTS BODY WEIGHT

McMaster University

Hamilton Health Sciences

You'll be asked to change your diet and attend 2 in-person visits, 4 phone visits and 2 testing sessions over 3 months

\$390 COMPENSATION WILL BE PROVIDED TO PARTICIPANTS WHO ATTEND 2 TESTING SESSIONS

CONTACT: [nmteam@mcmaster.ca](mailto:nmteam@mcmaster.ca) 905-521-2100 ext 22205

This study has been reviewed by the Hamilton Integrated Research Ethics Board Project #16738 Version 1.0 - January 24, 2025

SAVE ON YOUR PHONE BILL!

Phone Service for Businesses with 1-50+ employees!

• FREE Virtual Receptionist

• FREE Virtual Fax Number

• FREE Calling to Canada, U.S. & Mexico

• FREE Video Conference Number

• FREE 24/7 Tech Support

• FREE Toll-Free Number (500 inbound minutes included)

Plans Starting from \$24.95/month (plus tax) Month-to-Month Billing, No Contract Necessary

VMSINTERNATIONAL.CA • 647.762.3469

Rated #1 VoIP service for last 10 years

Ooma AUTHORIZED PARTNER

Congratulations!

January's Coffee News \$50.00 Contest Winner is Julia McQueen who reads Coffee News