

**34%** OF PEOPLE RELYING ON HAMILTON'S FOOD BANKS ARE CHILDREN.

SCAN TO DONATE

\$1-\$5 WORTH OF FOOD.

HAMILTON Food Share

@HAMILTONFOODSHARE HAMILTONFOODSHARE.ORG

**FREE!** **Coffee News**<sup>®</sup>  
 "News to be enjoyed over Coffee"  
 Dundas Edition  
 Advertising Information  
 905-515-3056  
 February 16, 2026 Vol. 13 No. 9  
 info@yourlocalcoffeeneews.com

**From Gnat to Rat...**  
 ✓ Hamilton to Fort Erie ✓ Great Prices  
**ONTARIO PEST PREVENTION**  
**365-309-7378**  
 (PEST)  
 OntarioPestPrevention.com  
 ontariopestprevention@hotmail.com

What's **BUGGING** You?

2026 Consumer Choice Award  
 Pest Control Hamilton

**DEWITT MOVERS & STORAGE**

✓ Local and Cross Country  
 ✓ Packing  
 ✓ Moving  
 ✓ Storage

**FREE ESTIMATES**

Over 50 years of satisfied clients!

EXPERIENCED  
 RELIABLE  
 CAREFUL

jamie@dewittmovers.com  
**905.628.2403 www.dewittmovers.com**

**Everybody's Talking!**

**Burning waters:** Deep in the Peruvian Amazon, Shanay-timpishka is a river whose name means "boiled with the heat of the sun." Flowing for miles through dense rainforest, its waters reach temperatures hot enough to kill animals that accidentally fall in. Unlike other thermal rivers linked to volcanic regions, this one is heated by underground springs releasing geothermal energy into the current. Steaming waterfalls tumble into pools, giving the river an almost unreal appearance. It's sacred to local communities, which tie the marvel to cultural practices and healing traditions. Scientists study its origins, while conservationists call for stronger protections.

**Wood spark:** A Finnish forestry company is using leftover tree pulp scraps to rethink how batteries are made. They've taken lignin, the stiffening compound in wood, and developed a new way to turn it into carbon that's fit for battery use. This carbon can replace graphite, but with far less heat and pollution needed to produce it, making the process more sustainable. Unlike traditional methods that depend on mining and fossil fuels, this approach relies on waste from paper manufacturing. Early results show this design supports energy flow efficiently, helping speed up device charging times. This group sees their tree-based approach as a promising way forward from less sustainable options.

**Roadside rescue:** A pair of French travellers had barely begun their Australian adventure when a collision with a kangaroo left them stranded near a small rural town. With no insurance and little money left, they weren't sure what to do, until local residents stepped in. A nearby family offered them shelter, while neighbours came by with warm meals, conversation, and support. What began as a setback slowly turned into an unforgettable few weeks of shared dinners, local events, and learning how to fix up the car together. Donations and repairs followed as the town rallied around them. The trip didn't go as planned, but it gave them something richer than a photo album. Sometimes being stuck is what gets you grounded.

**Breeze shift:** Some engineers are reimagining wind power without the sweeping blades or towering structures we've come to expect. One compact design vibrates instead of spinning, quietly producing electricity in places large turbines can't go, like rooftops or along busy streets. Others use tethered kites to gather energy from high above, while some draw power from the air pushed aside by passing vehicles. These tools are nearly silent, easy to install, and leave a smaller mark on wildlife and scenery. Instead of dominating landscapes, they blend into everyday settings, offering subtle ways to generate power. It's a quieter revolution, tapping the wind in new and unexpected ways.

**FRIENDLY NEIGHBOURHOOD PLUMBERS**

**Built on Trust & Backed by Experience**

PROUDLY SERVING THE COMMUNITY, ONE PIPE AT A TIME

Call for your free estimate:  
**289.260.5057**

info@howe2plumbing.com | howe2plumbing.com

Licensed and insured

**SANDY SHAW**  
 MPP HAMILTON WEST-ANCASTER -DUNDAS

905-628-2755 SShaw-CO@ndp.on.ca

**Electrical and HVAC Services**

**KIEDAN**  
 HEATING • COOLING • ELECTRICAL kiedan.ca

905.961.0427

READY FOR WINTER? CALL US TODAY!

**This Space Available!**  
 (...but not for long!)

Call Derek now at **905-515-3056**

**McINTOSH, PIONEER, HARMON KARDON WANTED**

**60s/70s Stereo Equipment Working or Not Working!!!**

Estate Sales, Clear Outs, Purging  
 Reel to Reel Tapes / Vinyl LPs

Please call **905-515-3056**

BRAUN, KENWOOD, FISHER, AR, B&W

**SpearMe.ca**  
 You pick 'em; we stick 'em.

**20% OFF**

Pierced Jewellery  
 Bracelets & Necklaces  
 Metaphysical (crystals, etc.)  
 Custom T-Shirts

all in-stock merchandise!

3 King St E, Dundas L9H 1B7 / 855-SpearMe (855-775-2763)

**Quoteable Quotes**

"Even if I knew that tomorrow the world would go to pieces, I would still plant my apple tree." —Martin Luther  
 "Just be yourself, there is no one better." —Taylor Swift

**What's Happening**

To submit something to the free community Whats Happening section, email us at info@yourlocalcoffeeneews.com a paragraph summary of your event atleast three weeks prior to the event date:

Coffee News has a new contest! "Get Caught" with a Coffee News bumper sticker on your car. Request one through email or text to 905-515-3056, put it on your car. One lucky winner each one will receive a \$50 prize. Email info@yourlocalcoffeeneews.com for more info

Tuesday Feb 17th 5-7pm Pancake Supper with delicious homemade soup at Christ Church, Flamborough, 92 Hwy #8 and corner of Brock Rd, Greensville. Tickets \$12 adults Children 5-10 yrs \$6 preschool free. cash or e-transfer for tickets call Rosemary 905-627-4498.

Looking for a great read? - Local Dundas author, In the heart of London during the Second World War, a woman tasked with organizing critical naval logistics begins to sense something isn't right. As air raid sirens wail and coded messages pass through her hands, she starts seeing things—shadows moving where no one should be, strangers who seem to know her, and dreams that echo events she hasn't lived. Go to www.keithgreen.ca for more info.

Ancaster Lions - looking for vendors for a large craft show on April 3 and 4 at the Ancaster fairgrounds. To book your space now or for info email lionsuehockridge@gmail.com

Check out the new Dundas Horticultural Society! Join our information session on Thurs March 26th, 6:00 pm to 7:30 pm at the Dundas Museum & Archives, 139 Park St. West, Dundas. Whether you are a seasoned gardener or a novice looking to cultivate your green thumb, we invite you to attend our information session to learn about becoming a member and our future for the Society. If you would like to attend please RSVP on our Events page at www.dundashort.com or email us at dundashort@gmail.com for further details

**INTO THE MYSTIC**  
 A WORLD WAR II NOVEL BASED ON A TRUE STORY

Into the Mystic is a spy novel based on Eileen Green's WWII Job working for Naval Logistics in London. The fictional part of the story leads to the discovery of an ancient secret weapon.

Step into the mystery Buy the Book Now!

www.keithgreen.ca 289-446-1027

**10 YEARS** IN THE COMMUNITY HELPING FAMILIES

**Circle of Life**  
 CREMATION AND BURIAL CENTRE INC.

100 King Street E. Dundas, Ontario

Simple Cremation, No Hidden Fees

Scan for detailed pricing

For an experience of care like no other, contact us: **905.628.8558 circleoflifecbc.com**

**Acting In Your Best Interests**

**Billy Parrott**  
 BROKER, ABR, SRES, CNE

**416.873.8755**  
 billy@billyparrott.ca

**REALTOR**  
 Real Broker Ontario Ltd.

FREE HOME WORTH AND FINANCE CALCULATORS AT [www.billyparrott.ca](http://www.billyparrott.ca)

Order your **Free Book!**  
 Help change a generation

**REVOLUTION IN WORLD MISSIONS**

gfa.ca/cn/book  
 1-888-946-2742

gfa WORLD

**Your Pet's Health is Important To Us!**

Dentals  
 Vaccines  
 Surgery  
 Health Exams  
 House Calls

**DUNDAS ANIMAL HOSPITAL**

NEW PATIENTS ACCEPTED

**905.628.6821** 115 King Street W, Dundas  
 dundasanimalhospital.ca

LOCALLY AND INDEPENDENTLY OWNED AND OPERATED

**DO YOU LIKE TO DRIVE? DO YOU WANT TO MAKE A DIFFERENCE?**

Join our team of volunteer drivers and help people facing cancer in our community get the care they need.

**Cancer Assistance PROGRAM**

Join our team today: [cancerassist.ca/volunteer](http://cancerassist.ca/volunteer)

**Trivia**

1. How many lakes comprise North America's Great Lakes?
2. Who was Darth Vader's voice in the Star Wars movies?
3. Cyclones are rated by barometric pressure and \_\_\_\_\_ speed.
4. This famed knitting character appeared in *A Tale of Two Cities* by Charles Dickens.
5. Is yeast a bacteria, fungus, or mold?

(Flip bottom of page for answers)

© Published with Permission by Your LocalCoffee News Inc.

(Over)

**Stay Updated!**

Hamilton Public Library

Sign up for our eNewsletter.  
[hpl.ca/e-News](http://hpl.ca/e-News)

# Your Weekly Horoscope

## ARIES

(March 20 - April 19)



This week you may be taking two steps forward and one step back on many fronts. This could be difficult for Aries, but waiting and being patient might be the best action. Lucky numbers: 1, 6, 7, 32, 41, 47.

## TAURUS

(April 20 - May 20)



Taurus usually desires stability, but you may be craving freedom. Consider how to make progress, but not rip up the status quo. Wait a few days to implement. Lucky numbers: 10, 14, 25, 33, 37, 48.

## GEMINI

(May 21 - June 20)



"When one door closes, another one opens" may apply early this week. Before charging through the new door, you might want to take a peek on the other side. Lucky numbers: 5, 10, 18, 30, 43, 48.

## CANCER

(June 21 - July 22)



Lady luck may well be on your side this week. How might you be able to take advantage of this dynamic, while being conscious of what action is the bridge too far? Lucky numbers: 8, 26, 28, 32, 36, 37.

## LEO

(July 23 - Aug. 22)



Do your head and heart agree on a goal? If not, could you develop a plan that takes the conflict into account? Then you might be able to proceed with your intentions. Lucky numbers: 2, 12, 20, 27, 29, 44.

## VIRGO

(Aug. 23 - Sept. 22)



It has been about six months since your birthday. Have you made progress toward your goals? Take time to see which ones are ready to complete, change, or drop. Lucky numbers: 9, 16, 19, 21, 22, 30.

## LIBRA

(Sept. 23 - Oct. 22)



Is there an issue in your life that has been on a slow burn? At midweek, you may be tempted to act aggressively. Instead, consider relying on your normal diplomacy. Lucky numbers: 3, 15, 25, 29, 41, 46.

## SCORPIO

(Oct. 23 - Nov. 21)



The theme of stubbornness continues this week. The desire to dig in your heels may involve a problem in yourself or with others. Find a win-win solution for all. Lucky numbers: 13, 16, 30, 36, 44, 46.

## SAGITTARIUS

(Nov. 22 - Dec. 21)



Is there something that you used to believe but that no longer works for you? Can you easily let it go? Otherwise, consider whether any resistance you feel is valid. Lucky numbers: 6, 11, 13, 15, 33, 41.

## CAPRICORN

(Dec. 22 - Jan. 19)



For the next month, your normal level of ambition and drive may be muted. This might be a good time to downshift and consider some change in your priorities. Lucky numbers: 7, 10, 14, 26, 36, 48.

## AQUARIUS

(Jan. 20 - Feb. 18)



Now is the beginning of a long-term period of transformation for Aquarius. Within this, the next couple of weeks may see a significant ending or beginning in your life. Lucky numbers: 4, 24, 35, 36, 37, 38.

## PISCES

(Feb. 19 - March 20)



Your birthday month is always a good time to review your life goals. How much progress did you make last year, and what do you want to achieve, starting now? Lucky numbers: 11, 18, 29, 32, 35, 47.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 37.

## Did You Know...

**Mini marvel:** One of the world's tiniest reptiles can perch on a fingertip. This tiny, newly discovered chameleon shows how incredibly scaled-down animals can be, while maintaining all the essentials of their larger cousins.

**Volcanic flashes:** When a volcano erupts, ash clouds can create static sparks near the ground, while ice crystals clash higher up to unleash lightning. These strange bursts of light turn eruptions into dramatic shows that scientists are still working to explain.

**Butter boost:** In Tibet, mornings often begin with yak butter tea, a rich mix of tea, salt, and butter that warms the body and fuels long days in the harsh mountain climate. More than a drink, it's also a gesture of hospitality.

**Plastic pavement:** Some road builders blend waste plastic into the road mix. The result can be more flexible, longer-lasting surfaces that reuse discarded material instead of sending it to landfill, an idea that is gradually gaining interest around the world.

**Pebble presents:** In the frozen Antarctic, penguins win affection by carrying small stones to their partners. These gifts help build sturdy nests that keep eggs safe and dry, turning a simple pebble into the perfect symbol of love.

## On the Lighter Side

Teacher: "Correct this sentence: 'It was me who broke the window.'" Student: "I wasn't the one who broke the window."

Knock! Knock! Who's there? Cello. Cello who? Cello there!

What does a bankrupt frog say? "Baroke, baroke, baroke."

Never trust an escalator. They are always up to something!

The magician was driving down the street when "poof" he turned into a driveway.

## Answers

Trivia answers: 1. Five 2. James Earl Jones 3. Wind 4. Madame Defarge 5. Fungus

© Published with Permission by Your Local Coffee News Inc. For available franchise opportunities - visit [www.coffeenews.ca](http://www.coffeenews.ca)

(Over)

## Trusted Legal Guidance

PROUDLY SERVING DUNDAS, HAMILTON & BURLINGTON

- ◆ Family Law
- ◆ Wills & Estates
- ◆ Real Estate

**PARTON LAW GROUP**

905-627-2119

[www.partonlawgroup.ca](http://www.partonlawgroup.ca)  
46 King Street West, Unit 205



## Live in the Heart of a Senior-Friendly Town

Our residents can stay active and involved: shops, restaurants, medical clinics, pharmacies and a public library are all within walking distance from our front door!



BOOK A TOUR TODAY!

OR JUST STOP BY AND SEE US!

**BERTRAM PLACE**

RETIREMENT LIVING CENTRE

21 Hatt Street, Dundas L9H 2E9

[bertramplace@cogeco.net](mailto:bertramplace@cogeco.net) | [www.bertramplace.com](http://www.bertramplace.com)

905.628.8622

## Diabetic and Senior Foot Care

**THE Nail Boutique & MEDICAL FOOT CARE**

HAMILTON FOOT CARE SPECIALIST

905.575.6539 | 674 Fennell Avenue East

HEALTHY FEET LEAD TO A HEALTHIER YOU!

Your Sleep • Health Connection

## SleepNet

SleepNet provides high-quality equipment, products, and support services focused on the therapeutic management of clients diagnosed with sleep apnea.

- ✓ No obligation therapy trial
- ✓ Flexible payment schedule
- ✓ Ongoing support services
- ✓ Wide range of options

35 Main Street North, Unit 4, Waterdown

905-689-0909 | [www.sleepnetcpap.com/](http://www.sleepnetcpap.com/)

## Dundas Denture Clinic

Building You A Better Smile

**Emilio Leuzzi**

H.B.Sc., D.D.F.I.C.O., DENTURIST

113 King St. W Dundas

905-627-8478 • [DundasDentureClinic.com](http://DundasDentureClinic.com)

TAKE THE TEST:

Are your dentures:

- Loose?  Cracked?
- Over five years old?
- Missing teeth?
- In your pocket?
- Are your gums sore?

If you answered "yes" to any of the above, we offer innovative solutions for your dentures, including dentures on implants.



Over \$10,000 in prizes to be won!  
MONDAY, FEBRUARY 23

**LEARN & PLAY!**

Your First Dab Leads to Big Fun!



Get more information online at [sixnationsbingo.ca](http://sixnationsbingo.ca)

SIX NATIONS

60NGO 30

FREE To Play!

- Questions Welcomed
- Slowed Games!
- Amazing Prizing!

Matinee Session: Game Starts 11am

Evening Session: Game Starts 6pm

BRING YOUR FRIENDS!

## MINT MAIDS®

Your Local Residential Cleaning Company

Flat Rate Pricing

Convenient Online Booking

Trusted, Licensed Professional Technicians

Reclaim your time, one clean at a time!

Book online or call Natalie at 289-301-2984

## Enter to Win

Great Prizes in Cash & Gift Cards

Find the mini "Coffee News" Guy hidden weekly in one of our advertiser's ads. Then send us your name, address and phone number, along with the name of the advertiser's ad where he was hiding.

Enter our contest online, by email or mail.  
Online entry: [www.yourlocalcoffeeneews.com](http://www.yourlocalcoffeeneews.com)  
Email: [info@yourlocalcoffeeneews.com](mailto:info@yourlocalcoffeeneews.com)  
Mail to: Coffee News®

762 Upper James St, Box 147  
Hamilton, ON L9C 3A2

Every Month

\$50 Prize!

Winner will be drawn from all correct answers that are received during the month. Winner will be notified & their name published in following month's edition.

**WINTER COAT/JACKET SPECIAL!**  
**10% OFF**  
DRY CLEAN OR WASH & FOLD

**COMFORTER/DUVET WASH AND FOLD SPECIAL**  
\$28\*

\* Plus \$5 for feather/down

**Dream Laundry Services**  
289.238.9393  
240 Governors Rd., Dundas (Spring Creek Plaza)  
905.689.6006  
24 Hamilton St. North, Waterdown (Village Plaza)

Unlock potential with a **ZONING DUE DILIGENCE REPORT**

KNOW WHAT'S POSSIBLE BEFORE YOU BUY OR SELL

- Additional Residential Units • Decks
- Sheds • Setbacks and Lot Coverage
- Gazebos • and more!

Scan or visit [netheryplanning.ca](http://netheryplanning.ca) for more information

**NETHERY Planning**

**HELP US LEARN WHAT AFFECTS BODY WEIGHT**

You'll be asked to change your diet and attend 2 in-person visits, 4 phone visits and 2 testing sessions over 3 months

**\$390 COMPENSATION WILL BE PROVIDED TO PARTICIPANTS WHO ATTEND 2 TESTING SESSIONS**

This study has been reviewed by the Hamilton Integrated Research Ethics Board  
Project #16738  
Version 1.0 - January 24, 2025

CONTACT: [nmteam@mcmaster.ca](mailto:nmteam@mcmaster.ca)  
905-521-2100 ext 22205

**Coffee News has a new CONTEST!**

Get Caught with a bumper sticker on your car and you could win the monthly \$50 prize!

Request a bumper sticker via email, text or send mail with your mailing address and we will send you the bumper sticker. Put it on your car. Take a picture and submit it via text or email. You will be entered.

I ♥ Coffee News

One prize awarded monthly if a car is caught!  
Text your request to 905-515-3056 or email [info@yourlocalcoffeeneews.com](mailto:info@yourlocalcoffeeneews.com)

**OM INTEGRATIVE HEALTHCARE**

FIND US ABOVE STARBUCKS!

Massage Therapy • Naturopathic Medicine  
Osteopathy • Yoga Class & More!

Online Booking | Direct Billing  
[OMhealthcare.ca](http://OMhealthcare.ca) | 289 238.8883

**Does Your Shower Have You TERRIFIED?**

Is mold or mildew lurking in the corners of your shower?  
Call us for a complete shower cleaning/restoration and re-caulking

**GSC GROUT SOLUTIONS CANADA**  
905.870.7111  
[info@groutsolutionscanada.ca](mailto:info@groutsolutionscanada.ca) • [groutsolutionscanada.ca](http://groutsolutionscanada.ca)

WE CAN TRANSFORM YOUR SHOWER TODAY!

**Congratulations!**

January's Coffee News \$50.00 Contest Winner is **Julia McQueen** who reads **Coffee News**